

CCC



Staying Fit with Colorado Catering!

*Healthy Has Never Tasted This Good!
These new dishes are designed to be low in fat, high in protein,
using only the freshest ingredients.*

Tropical Tequila Lime Pork or Chicken

Broiled Pork Tenderloin or Breast of Chicken, steeped in a Tequila Lime Cilantro Marinade, topped with a Fresh Mango and Fruit Salsa, served with Fresh Roasted Vegetables tossed with Wild Grain Rice, Cucumber, Beefsteak Tomato, and Vidalia Onion Salad tossed in a Fresh Mint and Raspberry Vinaigrette
10.95

Curried Chicken Salad with Lettuce Cups

Grilled Breast of Chicken, Perlette Grapes, Red Onion, Celery tossed with a Light Curry Mayonnaise served with Bibb Lettuce Cups
9.95

Dijon Chicken au Poivre

Chicken Breast basted with a Dijon Cracked Pepper Glaze topped with a Sweet Clover Honey Sauce Wild Grain Rice and Roasted Vegetable Mezcla, Spinach Salad with a Low-Calorie Bacon Ranch Dressing
9.95

Cabo Wabo Fiesta Bowl

Your choice of Grilled Chicken, Steak or Portobello Mushrooms sautéed with Peppers and Onions
Toppings: Diced Tomato, Black Olives, Shredded Cheddar Cheese, Lettuce, Guacamole, Sour Cream and Pico de Gallo served over Black Bean and Lime Cilantro Rice
Fresh Fruit Compote
12.95

Tuscan Sun Pomodoro

Your choice of either Chicken Breast or Filet of Salmon deftly sautéed in a splash of Extra Virgin Olive Oil, Pear Tomatoes, Garlic and Fresh Basil tossed with Whole Wheat Linguini
12.95

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CCC Angry Kabob Caesar Salad

Your choice of Open Flame Grilled Chicken Breast, Gulf Fantail Shrimp
or Filet of Alaska Salmon with a Serrano Chile Rub
Colorado Romaine Lettuce Salad tossed with Lite Caesar Dressing
and Herb Toasted Flat Bread
12.95

Create Your Own Cobb Salad

Mesclun Salad Greens with your choice of Two Dressings
Toppings: Grilled Chicken Breast Strips, Chopped Fresh Bacon, Gorgonzola Crumbles,
Sliced Butter Pear Avocado, Red Onion, Diced Beefsteak Tomatoes and Hard Boiled Egg
Fresh Fruit Compote
Fresh Baked Dinner Rolls
\$10.95

Add to the above:

Lemon Triangles for 80¢
Fresh Dinner Rolls & Butter for 90¢
Flat Bread for \$1.00